



# August 2019

August represents the lazy days of summer. It's the month that we wind down our summer vacations and begin anticipating Fall. But not so fast. We have waited for this season so let's make the most of it.

## In the Garden

One of the hard facts of August is that the summer heat will take its toll on some of your plants. Especially at risk are your container flowers. Now you need a little tough love. If a plant is spent, then you need to remove it and replace it with one that is fresh and heat-loving. If you can't find replacements then move the pot to an out-of-the-way place.

## Simple Craft Idea

This is a great month for crafting when it's too hot outside to work in the garden. If you've pressed flowers, you could use them to make floral note cards.

## Good Read

What would summer be without a little fun romance. *In the Market for Love: A Small-Town Romance Novel* by Megan Squires is a perfect flower garden read.

## Fun Outdoor Activity

Sleep out under the stars or at least lay out and watch the meteor showers this month. The nights are often warm so it's easier to enjoy being outside when the sun goes down.

## Planning Ahead

Get a head start on your gift giving by thinking about what you could give from your garden. Could you make raspberry jam to give or canned dilly beans. Maybe you could dry flowers from your garden to make wreaths or potpourri. Your garden is a great place to shop for holiday gifts.

## Recipe to Make

Is there anything better than a fresh juicy peach in August. Savor each and every peach you eat. Don't just stop with one recipe...make peach pie, peach jam, grilled peaches, peach cobbler and to finish it off, Peach Ice Cream. Click here for a refreshing bowl of sweet creamy ice cream.

## Vintage Decor

Keep an eye out this month for vintage lanterns and oil lamps. Many of these are still usable and will work great to light up your summer garden. If the lantern is not functioning, you can still use it with a candle or just set it on a side table to create a little bit of camping vibe.

## To Stay Organized

Now is a good time to begin saving your cutting garden flower seeds. Find a technique to organize and save your seeds for next year. Whether you save in envelopes, glass jars or plastic containers, make sure the seeds are dry before storing. Then create a system that will work for you to keep your seeds for the next growing season.

## Inspirational Quote

Deep Summer is when laziness finds respectability.

Sam Keen