



# March 2019

## Recipe to Make

March is a great month to do a little breakfast baking. Lemon White Chocolate Scones make a delicious breakfast treat whether served with some fruit and yogurt or part of a full meal. Click [here](#) to find the recipe.

## Vintage Decor

This month go scouting for some vintage garden decor. Whether you are looking for containers or garden decorations you can find some. Look for watering cans, McCoy Pottery, old birdbaths, vintage garden tools and enamel pitchers.

## To Stay Organized

If you still haven't finished your taxes for the year then March is a perfect time to make sure that you have all of your receipts and paperwork together. Take a weekend and just focus on this task. Treat yourself to something special after you have sorted and organized your files.

## Inspirational Quote

No matter how long the winter, spring is sure to follow.  
Old Proverb

As March rolls around there is finally hope that Spring is on it's way. The earliest changes begin to appear. The daffodils peaking out and the birds returning! How soon can 2 feet of snow melt?

## In the Garden

Take a walk through your garden in March to assess any winter damage. Make a list of the things that will need repair such fences and decks. Note branches to prune and shrubs that will need extra care.

## Simple Craft Idea

Follow the directions for making my Pom Pom garland and make extra pom poms. Hot glue the Pom Pom's to a styrofoam wreath to make a fluffy decoration for your front porch. You will need about 40 large pom poms for a 12-inch wreath.

## Good Read

Did you know March is National Nutrition Month? This is a good time to make some healthy eating changes. *The Alzheimer's Prevention Food Guide* has some great advice on choosing foods for brain health.

## Fun Outdoor Activity

Call a friend and meet for a brisk walk in the park. Still too much snow to walk through? Head to your local downtown area and window shop. Finish your visit with relaxing cup of tea.

## Planning Ahead

Have you planned what you will grow in your cutting garden this year? Now is a great time to get organized so you can order your seeds and buy your flowers early before they get picked over.