



## Recipe to Make

It's never too early to start preparing foods for the Autumn season. Make a big batch of these Soft Molasses Cookies and enjoy some with tea. Freeze some to use later in the season when time is short and you need a treat!

## Vintage Decor

Keep an eye out for transferware plates to use to decorate your early Autumn home. These can be grouped together and hung on the wall. Stack them on a side board to elevate a pumpkin or fill a plate with Molasses Cookies and give to a friend or neighbor.

## To Stay Organized

As the harvest season continues, stay organized by keeping track of all the food you have preserved. Make a list and attach it to your freezer so you know how many bags of green beans and peaches you have. Also keep a list of any foods that you've canned in your pantry. This is a great timesaver and it will help reduce wasted food.

## Inspirational Quote

Autumn is a second spring when every leaf is a flower.  
Albert Camus

September is the month of new beginnings...the new school year, preparation for the fall season to come, and changes in the garden. But there's still plenty of garden season left so don't be quick to abandon it.

## In the Garden

Pull out the dead and languishing flowers in your pots and plant fall flowers such as mums, asters and ornamental cabbages. Plenty of summer flowers will continue to do well, but for those plants that are starting to die back, it's time to get rid of them.

## Simple Craft Idea

Get a head start on your Autumn decorating with a faux pumpkin. Glue torn book pages all over your pumpkin with modge podge. Add a top coat. Tie a tag or decorative item to the stem with seasonal ribbon.

## Good Read

This month I thought it would be fun to highlight a different kind of book...a coloring book to enjoy while you're relaxing. For your Autumn pleasure consider: *Creative Haven Autumn Scenes Coloring Book*.

## Fun Outdoor Activity

This is the perfect month to enjoy a hike or a bike ride. The summer heat is starting to die down and so as cooler temperatures move in, get out and enjoy nature in all it's summer glory!

## Planning Ahead

Do you have any fun Autumn activities that you do every year? A favorite flea market, the pumpkin patch or a trip to the beach. Plan now for these activities so that you can make sure to have plenty of supplies on hand such as big bowls of chili for afterwards or plenty of bags to take with you when you shop.